

NEWSLETTER

ISSUE 7



Student Absences

If your child will be absent from school for any reason, please let Student Services know.

You can call Student Services from 8:40am on (08) 7505 4027 and selecting 'Student Services'.



Contact Us

- (08) 7505 4027
 - dl.1915.info@schools.sa.edu.au
- 2-30 Glendale Grove, Goolwa, South Australia, 5214



FROM THE PRINCIPAL...

Welcome to term 4 and to the sunshine!

I hope that you all enjoyed the school holiday break; a fortnight of no school lunches, homework and early alarms was certainly a highlight for me, along with the sunshiny days.



It's been great to chat with the students this week and hear about their holiday adventures. A number of our older students were busy working in the local community – saving money for all sorts of exciting ventures.

Term 4 is well known for being full of events and exciting learning opportunities and for also being over very quickly; but before I delve into what lies ahead of us, I'd like to mention a couple of happenings from the last few weeks of term 3.

Firstly, I'd like to thank our families and community friends who attended the Cross Curriculum Showcase in week 10. This showcase was a culmination of work undertaken in weeks 9 and 10, during which time our students explored the topic: 'Entertainment options for young people on the South Coast'. As mentioned in the last newsletter, with educator support, students engaged in a design thinking process to understand a self-generated specific issue or idea, related to the main topic. Visiting community members included members of the Alexandrina Council and elected counsellors who were very interested in the voice of our young people.

During the last fortnight of term 3, our students and staff had the opportunity to visit the year 9 art exhibition titled, Objects. Our art room was transformed into a gallery for the exhibition which displayed each student's working progression, and then final production, of a still life drawing or painting. All who visited were impressed with not only the student work, but the creative way in which the work was developed and exhibited. Check out some of the photos later in this newsletter.

Anyone who was at the amazing Operation Flinders Quiz Night late last term won't forget the evening in a hurry! It was so much fun and so wonderful to see our team of girls enthusiastically supported by the school and wider Goolwa community. Congratulations, of course, goes to the team 'The Neighbours' who took out top honours, beating a highly competitive field. The College would like to sincerely thank everyone who attended the event or supported in other ways. Operation Flinders will be an experience that our students will remember forever, and will – no doubt – be a positive influence on them whenever they are faced with challenges in the future; your support has enabled this experience – again, thank you.

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So that brings us to this term! The start of term 4 sees students embrace new Studio experiences. On offer over these next 9 school weeks are a diverse range of learning opportunities, including:

- Volleyball Club
- Sew Amazing
- Music
- Introduction to Outdoor Ed
- Lego Masters
- Activities Week planning
- E-Sports
- Dungeon and Dragons
- Armfield Slip

- Summer Work ready & Barista Basics
- What's the Buzz
- Super 8s Soccer
- Ngarrindjeri
- Surf Life Saving
- Spring Garden
- · Geocaching in Goolwa
- STEM Squad
- Granny Skills

Do you know what Studios your child has selected? Jump (or should I say, hop) onto their Frog timetable and check it out! Here in Frog you can also see the work your children are currently doing in each subject and see tasks, assignments and assessments.

This week the College held a sustainability visioning workshop with the school and wider Goolwa community. The purpose of this workshop was to bring together passionate individuals and organisations to help shape a Greening GSC vision and consider structures, frameworks and actions to bring the vision to life. The morning kicked off with an inspirational talk from Cedric Varcoe, followed by presentations from the leadership team and Dr Kenn Fisher, a leading researcher and consultant in this field. A further highlight of the workshop for me, was the way in which our students worked with staff, governing councillors, parents, Alexandrina council representatives and community organisations, such as Lions and GWLAP. We look forward to sharing this work with you as it evolves.

Amy M and Kristin leave with the ten Operation Flinders girls on Monday of next week. For those who are new to Operation Flinders, it is an 8-day program held in the northern Flinders Ranges where young people trek up to 100km, experience abseiling, Indigenous culture, bushcraft and build self-confidence through challenging themselves. We are super excited for our team and wish them all the very best for their adventure. Keep your eyes out for a reflection on their journey in our next newsletter and on our social media platforms.

Next week on Friday is World Teachers Day. Every day, our wonderful GSC educators shape futures by inspiring our young people to find their passions, learn a new skill or knowledge, take a learning risk, complete an assignment, work through a friendship issue, develop self-confidence or resilience, make them breakfast, lunch... the list goes on! World Teachers Day is an opportunity for us to acknowledge, celebrate and thank educators who make this difference every day, as well as those people who work in the support of them. Community members, parents and students can use the *ThankED* portal on the Education Department's public website if they wish to let someone know they are appreciated.

In week 3 the Public Education Awards are being held at the Adelaide Convention Centre. Goolwa Secondary College was nominated in the category: *Lumination Innovation in Teaching and Learning Award*. Our invitation to attend these awards is a recognition of the work the College is doing in embedding technology into teaching and learning, led in 2023 by Joe, Lottie, Travis and our progressive IT support team. We are proud of this achievement and are excited to be able to attend the awards.

There are so many more exciting events on the horizon beyond these ones. Be sure to check out the 'Dates to remember' at the back of the newsletter, or check out the College calendar on our website and Frog portal.

Don't hesitate to reach out to the College if you have any feedback, questions or concerns. Feel free to email your child's Connect or subject teacher directly, or contact the front office if you are not sure who to talk to. We love to hear from you.

Enjoy the weekend ahead.

Rebecca Moore Principal

YOUR INVITATION TO DISCUSS 2024 MATERIALS AND SERVICES CHARGE



Parents and caregivers are invited to attend the next Governing Council meeting at **5:30pm on Tuesday 31st of October** at Goolwa Secondary College where the 2024 Years 7,8, 9 & 10 Materials and Services charge is to be discussed and approved.

Please RSVP by phoning the College on 7505 4027 or via the email address below.

In lieu of attendance at the Governing Council meeting, parents and caregivers can express their views in writing to the chairperson by emailing **dl.1915.info@schools.sa.edu.au**.

GOODS TO GO LUNCHES PRICE INCREASE



We wish to advise College families who order their student's lunch through the Qkr! app, that the Goods To Go service has informed us that they have had to, unfortunately, increase their prices slightly to accommodate the increase in service costs.

Goods To Go wants to assure families that by adjusting their prices, they can continue to offer nutritious and sustainable food options to our young people, as well as support local suppliers, contributing to the growth of the community and local economy.

While price increases are always challenging, they appreciate our support in continuing to use the service if you can.

If you have any questions, queries or feedback, please don't hesitate to contact **Anthony Lang at Goods To Go on 85521674.**

COLLECTING STUDENTS FROM SCHOOL

A reminder to parents and caregivers that if you've arranged for someone other than yourself to collect your child from the College early, please let us know before they arrive on-site. You can do this by ringing the College Student Services on 7505 4027 and choosing option 1.

If a person not listed on your child's emergency contact list presents in Student Services to collect your child, and you haven't let us know, you will be called to confirm the details of the person picking up your child. If we cannot reach you, your child will not be permitted to leave.

If you have a relative or family friend (over the age of 18) who will be regularly collecting your child from the College, you can add their details to your child's emergency contact list. This is easily done but must be requested in writing - you can email dl.1915.info@schools.sa.edu.au with their details.



WHAT'S HAPPENING IN YOUR TEENAGER'S BRAIN?

Here's the science! (Neuro-science to be exact!)

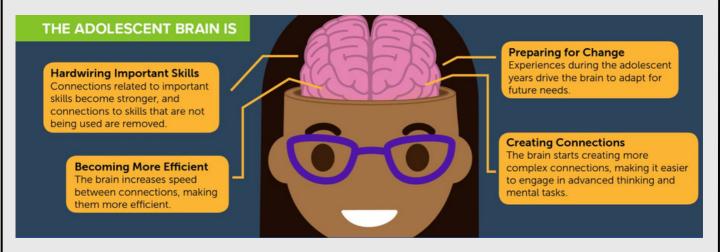
The brains of children have a huge growth spurt when they're very young. By the time children have their sixth birthday, their brains are already about 90-95% of their adult size. The early years are a critical time for brain development, but the brain still needs a lot of remodelling before it can function as an adult brain.

This **brain remodelling happens intensively during adolescence**, continuing until your child is in their mid-20s. This means that their brains will not be fully developed until this time!

Adolescence is a time of significant growth and development inside the teenage brain. While most parts are up and running, there's a special part called the prefrontal cortex that's still under construction. This part helps with making good choices and planning ahead. That's why sometimes teenagers act impulsively or make choices that seem a bit strange.

Because the prefrontal cortex is still developing, teenagers might rely on a part of the brain called the amygdala to make decisions and solve problems more than adults do. The amygdala is associated with emotions, impulses, aggression and instinctive behaviour.

Have you noticed that sometimes your child's thinking and behaviour seems quite mature, but at other times your child seems to behave or think in illogical, impulsive or emotional ways? This is because the teenage brain develops from back to front; the amygdala first (emotions and impulses) and the prefrontal cortex (logic and reasoning) last. So this explains the range of emotions and moods our adolescents might display!



Next time: How to support your teenager as their brain develops... and how to support yourself as your teenager's brain develops!

Paula King Assistant Principal Middle Years



CARTER'S CORNER

Hooray, spring has sprung and the summer days are near!

Welcome everyone to Term 4! After three years of much cooler summers, an El Nino season has been announced... but what does that mean?

It means that more westerly winds around the east coast of Australia and New Zealand will push the cooler waters of the Pacific towards the United States resulting in less rainfall patterns across Australia. This means that we are in for a hot, dry summer!

For Goolwa Secondary College it means HATS will be required every day through term 4 (as per our SunSmart Policy). Sunscreen will be available at student services, and the Knowledge Hub will be open every day as well as additional classrooms to help beat the heat and seek some cool shade on those real scorcher days!

There are also a wide range of actions we can all take to help manage the hot weather:

- **HYDRATE** 2.5L of water is the recommended amount to drink through summer.
- SLIP on some sun protective clothing, SLOP on SPF30 (or higher) sunscreen, SLAP on a broadbrimmed hat, SEEK shade and SLIDE on some sunglasses when outdoors.
- KEEP YOUR COOL add some ice cubes to your water bottle to keep your water cool while at school.
- DON'T SWEAT IT dress to the weather. Wearing a thick school jumper on a hot summer day can spike your body temperature, making you overheat and feel ill. Keep clothing light (or wear a couple of light layers) to feel comfortable all day long.
- DOWNLOAD THE SUNSMART GLOBAL UV APP this will help you understand when sun protection is recommended plus much more.

There's more to sun protection than sunscreen. Protect yourself in **five** ways:



Slip on sun protective clothing



Slop on SPF 30 (or higher) sunscreen



Slap on a broad-brimmed hat



Seek



on wrap-around sunglasses

BREAKFAST & LUNCH CLUB UPDATE!

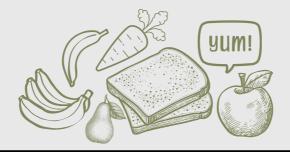
As a quick update, we will have Breakfast and Lunch Club running all throughout term 4 out of the COLA area.

We are fortunate enough to have our Wellbeing Team operating the Breakfast Club **every morning** of the week Students can grab some toast, occasional fruit and if they're really lucky Amy's special pancakes!

Lunch Club will provide toasted sandwiches for our students on **Tuesday, Wednesday and Thursday**.

And for those students feeling peckish, Student Services will have fresh fruit available to students to choose from during our lunch break **every day of the week**.

So if you forget your lunch or feel like something a little extra to feed those growing bodies, make sure you grab something to eat during the designated times.



Andrew Carter
Assistant Principal
Inclusion, Engagement & Wellbeing

OPERATION FLINDERS QUIZ NIGHT A SUCCESS!

We wanted to say a very big thank you to everyone who supported our very first Quiz Night at Goolwa Secondary College to fundraise for our Operation Flinders Team.

It was a wonderful night with full tables of community members all working together to answer questions, including a local knowledge round all about Goolwa!

Additionally, there was time for laughs in the games that were run by the Year 9 Op Flinders girls, including Heads and Tails, a Paper Plane race and a competition to build the highest newspaper tower - it's trickier than it sounds!

All teams did exceptionally well, however, the winning table were, "The Neighbours" who excelled both in questions and games and won a large and plentiful hamper. There was a fantastic and extensive silent auction, with generous items donated by local businesses and the total fundraising amount for the evening was almost \$2500.

Thank you to everyone for their involvement and support, it was extremely special for the Op Flinders team to see the support and encouragement by their local community for the upcoming journey they are going to embark on early next week!

An extra special thank you to our valued Quiz Night sponsors:

- · Lions Club of Goolwa
- · Rotary Club Of Goolwa
- Spirit of the Coorong Spirit Australia Cruises
- Kuti Shack
- · Bombora Goolwa
- · Goolwa Hotel
- · South Coast Sports and Spinal
- · Kies Home Timber and Hardware
- South Coast Hair Care & Beauty
- Fleurieu Distillery
- Coastal Habitat Furniture Store Victor Harbor
- · Shaw Family Vintners Cellar Door
- · Browse In & Save
- Stratco Goolwa
- · Exurbia in Norwood
- Goolwa Garden Supplies
- Bird In Hand Winery
- · Soaring In The South
- Moxa and Movement
- · Coastal Skin + Beauty
- Goolwa Newsagency
- Supreme auto mart
- · Coles Victor Harbor
- · Complete Hair & Education
- · Australia Post Goolwa
- · JSM Carports and Verandahs
- Alexandrina Council
- · Awesome Foundation Fleurieu
- · Goolwa Netball Club
- · Eyes & Vision Optometrists Goolwa
- · Thai Days Goolwa
- · Antz-Pantz Photography
- Goolwa Uniting Church
- · Goolwa Church of Christ









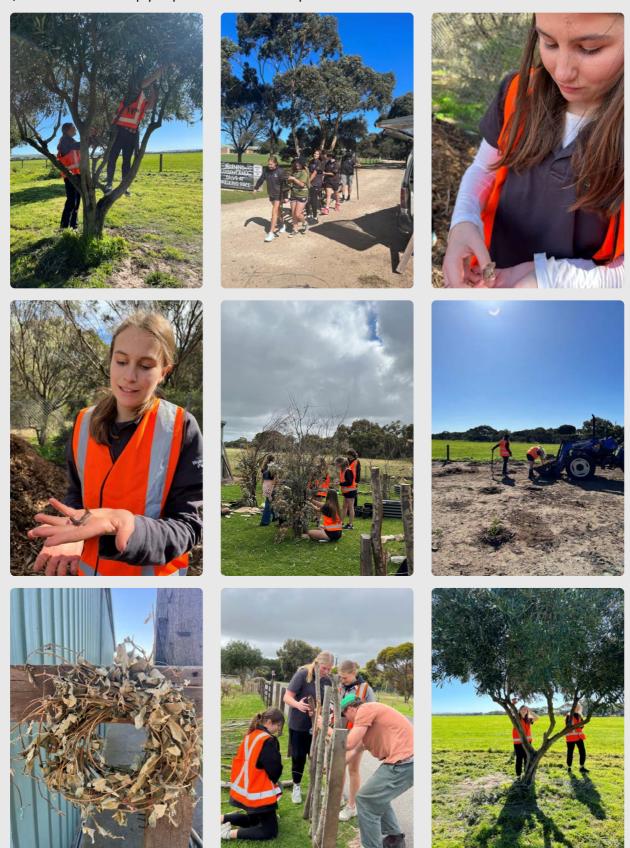




OUR AG AREA IS TAKING SHAPE FOR SPRING!

Kasey, together with her students, spent last term transforming the Ag area into an amazing space to develop skills and undertake their learning, with help and guidance from McLaren Vale artist and florist, Hope Deane.

Art installations were created, gardens built, native animals discovered and seeds laid - the Ag area promises to be ripe for the picking heading into the warmer months - and we couldn't be more excited about it. Watch this space, we'll be sure to keep you posted on the developments!



LEARNING SHOWCASE

The recent Cross-curricular unit saw our students exploring Entertainment options for young people on the South Coast - with all of their research projects coming together in a spectacular learning showcase display in the final days of Term 3.

Our students have been busy:

- Empathising deep dive into the challenge
- Defining develop an understanding of the issue and identify an area of focus
- Ideating brainstorming possible solutions
- Prototyping building a real, tactile representation of solution ideas

What a terrific way to develop creative and critical thinking skills and to give voice to the needs and wants of young people in the Alexandrina Council.

A number of special visitors attended the showcase session and we wish to thank all of you who took time out of your day to visit. Your support really does boost our College morale!

YEAR 9 'OBJECTS' ART EXHIBITION....

College staff and students had the opportunity last term to visit the beautiful 'Objects' art exhibition hosted by Alanna and her year 9 students.

The art room was transformed into an ambient gallery, with music and scent complementing the careful display of works.

Exhibition viewers were treated to not only the finished art pieces and works, but also being able to look through the students' art journals to see how far their talent has progressed throughout the term - and boy, have these students got some fabulous talent and flair.

What amazingly creative students and staff we have at our school!























GOOLWA SECONDARY COLLEGE NOTICE BOARD...

Coorong Dragons Boating Club

Come & Try Dragon **Boating!**

Want to try your hand at dragon boating? Get ready to set sail

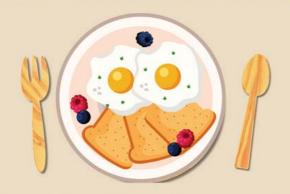
The Coorong Dragons Boating Club is a non-discriminatory club for all people over the age of 10, with a focus on fun, fitness and friendships with a competitive edge

Free "Come and Try" sessions are held on Saturday mornings at 9am, at Goolwa Aquatic Club, 92 Barrage Rd, Goolwa. You're also welcome to join Tuesday and Thursday sessions at 5:30pm.

The Coorona Dragons Boating Club provides paddles, life vests, and qualified coaching. It is asked that participants bring water shoes, wear comfortable clothing with a sun hat, and also bring a bottle of water.

Students and parents are welcome to attend. For more information, check out the Coorong Dragons - dragon boating club - Goolwa Facebook page, or contact Annabel Kitchin at

GSC - BREAKFAST CLUB



EVERY MORNING FROM 8:30-8:45 A FREE BREAKFAST IS OFFERED TO HELP ENERGISE OUR STUDENTS FOR THEIR DAY AHEAD!

TOASTIES, MILO, PANCAKES, & SMOOTHIES ARE OFFERED ACROSS THE WEEK

SEE YOU THERE!

Dates to remember.....

National Processing States (1914) Thursday, 19th October - Sustainability Visionary Workshop 8:30-10:30AM

- 📏 Tuesday, 24th October Transition Day: Innovation Day #2 PEPS+
 - Tuesday, 24th to 31st October Operation Flinders
- Monday, 30th October Transition Connect Night #1 3:45-6PM
- Tuesday, 31st October Transition Connect Night #2 3:45-6PM
- Tuesday, 31st October Governing Council Meeting 5:30PM
- - Monday, 20th November Student Free Day

- 📏 Tuesday, 15th December Last day of Term 4 (early dismissal 2:10PM)

Finance and School Payments

QkrApp

Click here for instructions

Direct bank transfer to the school's bank account

BSB: 065-511
Account: 10222764
Please use the invoice number and surname as a reference.

Direct Debit

Parents/caregivers are able to authorise our school to process ongoing payments to pay for school fees, invoices and other payments as agreed under a signed payment plan. These payment plans may be scheduled weekly, fortnightly, monthly or per term depending on the payment type and

website) and return it to the front office or email it to dl.1915.finance@schools.sa.edu.au

Cash, EFTPOS, credit card (Visa or Mastercard)

The front office is open between 8:30-9:30am for payments via cash, EFTPOS, or credit card (Visa or Mastercard) in person or over the phone.





GOOLWA SECONDARY COLLEGE UNIFORM ITEMS

SHOP ONLINE AT DEVON CLOTHING FOR HOME OR COLLEGE DFLIVERY



RUGBY TOP \$79



WINDCHEATER \$50



SOFT SHELL JACKET \$60

WE ARE NUT AWARE



Please note GSC is 'NUT AWARE'. For the safety of staff and students, please **DO NOT** pack nuts or nut butter in lunch boxes!



Connect With Us

www.goolwasecondarycollege.sa.edu.au







Instagram

@GoolwaSecondaryCollege