

NEWSLETTER

ISSUE 5



Student Absences

If your child will be absent from school for any reason, please let Student Services know.

You can call Student Services from 8:40am on (08) 7505 4027 and selecting 'Student Services'.



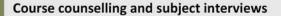
Contact Us

- (08) 7505 4027
 - dl.1915.info@schools.sa.edu.au
- 2-30 Glendale Grove, Goolwa, South Australia, 5214



FROM THE PRINCIPAL...

Term 3 has traditionally always a busy term in schools and, this year, term 3 is certainly shaping up to be just that!



Important events coming up very soon (in week 6) are our course counselling for students moving into Senior School (current year 9s) and subject focused parent teacher interviews. These interviews and counselling appointments are happening on an 'alternative program day', on Friday September 1. On this day all students only attend school during their allocated interview or course counselling time. If your child needs supervision for the day, please contact the College on 7505 4027.

Both course counselling and parent teacher interviews can be booked through the SOBs portal. You will have received an email with the link in your inbox today.

To support our families and students in course counselling, Ben Evans, our Assistant Principal for Senior School is hosting an information session for parents of year 9 students on Tuesday August 29 at 5:15pm in the Knowledge Hub. During this presentation you will be learn about SACE (stage 1 and 2), Vocational Education and Training (VET), school-based apprenticeships and university pathways. Ben will connect you with resources and organisations, such as SAFSSA (Southern Adelaide and Fleurieu Secondary Schools Alliance) that will help support you and your child as they journey through the Senior Years of secondary school. We are looking forward to seeing you there.

Our newest 2024 students

In Week 2 our Transition student leaders, along with Paula King, our Assistant Principal for Middle School visited Goolwa Primary School and Port Elliot Primary School for a 'meet and greet' with our newest cohort of students, who will officially start with us as year 7s next year. The student leaders shared information about themselves and their journey so far at GSC, and then spoke about Connect, Inspire, Ignite and the events our new students have to look forward to.

Last week we welcomed our incoming Year 7 students to their first Connect, Inspire, Ignite event – Culture-building. The purpose of this visit was to support these students to begin to make some relationships within their new year level cohort and to start to make connections with our educators at the College. Our Transition leaders designed and planned this afternoon, reflecting on their own experience of transition; what they felt worked well and what they felt could be improved upon.

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It is always exciting to see the faces of our new students for the first time and it is a privilege to do this alongside some passionate student leaders.

The state-wide year 6 to HS enrolment process for next year is now closed, as are our enrolments for current year 7 to 9 enrolments. For families living outside our catchment, looking for an enrolment at our College, we can, currently, offer placement on a waitlist.

Mylor Adventure Camp

Planning for our year 7 and 8 Mylor Adventure Camps is well underway. These camps will be wonderful opportunities for our students to further strengthen their connections with each other, with educators, with the gorgeous natural environment of the campsite, and with themselves!

The planned activities look and sound amazing – memories that last a lifetime are created on camps!

Initial information about the camp was sent home last term in mid-June, and included a request for medical and allergy advice. Just this week a packing list was emailed home, and in this email families are asked to contact their child's Connect teacher should there be any specific dietary requirements.

If you missed any of these emails, please do not hesitate to reach out to the College, through your child's Connect teacher or the office. Jo and Tamara – our fabulous finance team – can assist you with any finance questions or concerns.

Welcome Katina and congratulations to Andrew

We welcome Katina Gertz to the Goolwa Secondary College team, as our new Aboriginal Secondary Education Transition Officer. Katina works in this role at Victor Harbor High School, as well as working as an Aboriginal Community Education Officer at Goolwa Primary School. Katina will be joining us on Mondays from this week until the end of the school year.

We congratulate Andrew Carter, who has won the role as Assistant Principal: Inclusion, Engagement and Wellbeing. Andrew has previously been acting in the role, leading our Wellbeing and Educational Support team who are committed to holistically supporting our students throughout their secondary schooling journey at the College.

Bring on the sunshine...and hats!

The end of winter is nearly here and we look forward to welcoming back the warmth and sunshine. We know that UV rays are on the rise as well as the temperate.

Too much of the sun's UV radiation can cause sunburn, skin and eye damage and skin cancer. Sun exposure during adolescence is a critical factor in determining future skin cancer risk.

For this reason, from Monday of week 7, all students and staff will be wearing their school hats again. If your child needs a new school hat, these can be purchased over the counter at the front office, or at the Devon Clothing website: https://onlinestore.devonclothing.com.au/shop-by-school/goolwa-secondary-college/. Hats are priced at \$11 and are available in two sizes.

There are always so many exciting opportunities and experiences for our students happening at the College — too many to include in any one newsletter. Today, for example, we had some incredible artists performing for our students. Not only did they share their energy and passion for music, but also their positive messages about resiliency and the importance of connecting with education and schooling — it really was inspirational — and so engaging for our students. We took lots of shots to share with our wider community. Keep your eyes on our socials for these and to keep up to date.

Enjoy the weekend ahead!



CARTER'S CORNER

The Resilience Project - Issue #5

In this issue of our College newsletter, we have collated a range of information, useful links and activities for our parents to help support their young people at home. These are all invaluable tools to have in your parent toolkit - so it's wise to keep them handy for when you might need them!

Parent Resources

A passionate team of researchers at **Monash University** and the **University of Melbourne** have created a website to help support parents in improving the mental health and well-being of their children and young people.

Our young people may encounter and need to navigate a range of complex issues through their adolescence such as depression, anxiety and alcohol misuse.

To help parents in supporting their young people a range of information, strategies, and resources can be found at https://www.parentingstrategies.net/

The Resilience Project - Parent Resources

As part of our partnership with The Resilience Project, we have some additional resources, podcasts, and inspiration that can be found on the website here - https://theresillienceproject.com.au/at-home/parents-2023/.

The Resilience Project - Project+

In case you missed it, we have a series of handy and helpful one-page fliers with a range of activities, information and useful links for you to continue with the conversation at home. See *The Resilience Project - Project+* flyers at the links below:

Project+ - Emotional Literacy - https://theresilienceproject.com.au/wp-content/uploads/2023/03/Project-Parents-Carers-Emotional-Literacy.pdf

Project+ - Gratitude - https://theresilienceproject.com.au/wp-content/uploads/2023/05/Project-PARENTS-CARERS-Gratitude.pdf

Project+ - Cultural Connections - https://theresilienceproject.com.au/wp-content/uploads/2023/06/ProjectParents-Carers Edition3 First-Nations-Cultural-Connections.pdf

Andrew Carter
Assistant Principal
Inclusion, Engagement & Wellbeing

TERM 3 PRINCIPAL TOUR

Our primary to secondary transition days are in full swing with lots of excited year 6 students visiting the College grounds and meeting our current students. Parents don't miss out either, they're welcome to come for a look at all of our amazing facilities. Book a place or two for our upcoming Principal Tour next week!



Book your ticket for upcoming Goolwa Secondary College Principal Tours at **Eventbrite**.

NATIONALLY CONSISTENT COLLECTION OF DATA ON SCHOOL STUDENTS WITH DISABILITY (NCCD)

Nationally Consistent Collection of Data on School Students with Disability (NCCD)

In term 3 of every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability.

These relate to legislative requirements under the Disability Discrimination Act 1992 and the Disability Standards for Education 2005, in line with the NCCD guidelines (2019)

Information provided about students to the Australian Government for the NCCD includes:

- · Year of schooling
- · Category of disability: physical, cognitive, sensory or social/emotional
- Level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- Formally recognise the supports and adjustments provided to students with disability in schools
- Consider how they can strengthen the support of students with disability in schools
- Develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability. The NCCD has no direct impact on your child and your child will not be involved in any testing process.

If you have any questions about the NCCD, please contact Andrew Carter at school.

2023 SCHOOL MATERIALS & SERVICES REMINDER



Please remember to finish paying your student's 2023 Material and Services fees as soon as possible. You can pay for these fees via the QKR! app or if you would like to pay the balance in installments, please ring to arrange.

If your family is currently sufferring financial hardship, please advise Tamara in our finance department by ringing the College on (08) 7505 4027 and selecting #2.

PREMIER'S READING CHALLENGE CLOSING SOON!

The Premier's Reading Challenge draws to a close in the next few weeks, with student reading records being handed up on the 8th of September!

If your young person has been taking a little bit of a break with their reading, now is the time to encourage them to pick up their books and get turning those pages once more.

If your young person isn't sure what books they should be reading, please don't hesitate to talk to our College librarian to assist in making some choices from the appropriate booklist - there are LOTS of titles to choose from right here at the College library.

Take a look at the list <u>here</u> to finalise your 12 books!



HOW YOU CAN SUPPORT TEAM OPERATION FLINDERS

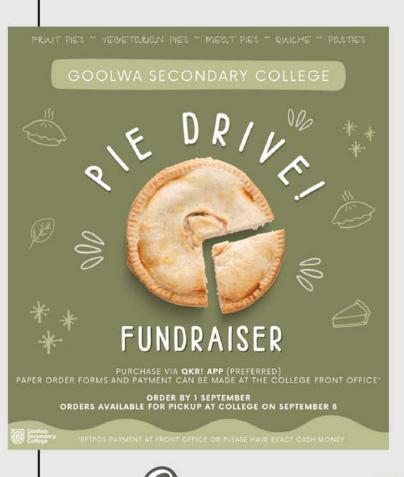
QUIZ NIGHT - Friday 22nd September

Our Quiz Night will be here before we know it, so please book your seats or tables to secure your spot! A fun night guaranteed, it will be an entertaining night for the whole family, with a variety of quizzing questions for every level of general knowledge.

The Operation Flinders team will also be holding a silent auction during the evening where you can place your bid and hope for the best! All proceeds will be going towards the Operation Flinders camp, so your support means a lot!

Purchase your Quiz Night tickets at Eventbrite.





PIE DRIVE! - Orders in by Friday 1st September

Goolwa Secondary College is running its first-ever Pie Drive!

From one of Goolwa's talented and well-known local bakeries, **Heritage Pies & Pastries**, we're giving you the chance to stock up on all of your favourites.

A huge selection is available including pies, pasties, quiches and more including steak and mushroom pies, potato pies, chicken pies, and also a selection of vegan options as well as a few delicious fruit pies for dessert!

This is a great opportunity to stock up and fill the freezer with cheap, quick and easy dinner options, perfect for popping in the oven after a busy day out or freezing at the footy.

The preferred way to order is for families to order and pay via the Qkr! app. Alternatively, paper order forms are available at the front office and cash (exact change) or EFTPOS payments are available.

Orders need to be completed by Fri 1st Sept 1st and on Fri 8th September your orders will be delivered to the school for you to pick up.

QUIZ NIGHT: Friday, 22nd September

GIANT GARAGE SALE: Saturday 30th September

POPCORN STAND: For students, every Friday during the first break.

\$1 Small, \$2 Large cup.

CYBERBULLYING: WHAT PARENTS CAN DO

I think my child is being bullied

Your child may not tell you if they are experiencing bullying behaviour online because of a fear that it might make things worse for them or they may lose access to their devices and the internet.

Signs to watch out for:

- · being upset after using the internet or their mobile phone
- · changes in personality, becoming more withdrawn, anxious, sad or angry
- · appearing more lonely or distressed
- · unexpected changes in friendship groups
- · a decline in their schoolwork
- · changes in their sleep patterns
- · avoidance of school or clubs
- · a decline in their physical health
- · becoming secretive about their online activities and mobile phone use

What can I do?

Prevention matters. Talk to your child about cyberbullying before it happens. Together you can work out manageable strategies to address any potential issues and reassure them you will be there to support them.

If your child is experiencing cyberbullying:

Listen, think, stay calm - talk to them about what happened, try to remain open and non-judgemental, ask them how they feel and ensure they feel heard.

Collect evidence - it is a good idea to collect evidence, such as screenshots, of the bullying behaviour, in case you need to report it later on.

Block and manage contact with others - advise your child not to respond to bullying measures and help your child block or 'unfriend' the person sending the messages.

Report to site or services - many social media services, games, apps and websites allow you to report abusive content and request that it is removed.

Report to eSafety - if serious cyberbullying is affecting your child and you need help to get the material removed from a social media service or other platforms, you can make a cyberbullying report to the eSafety website.

Get help and support - check in with your child regularly about how they are feeling. If you notice any changes that concern you, get help through counselling or an online support service. You can also speak to your child's Connect teacher or our College Leadership about your concerns.

The eSafety Commissioner website is the ultimate tool for parents wanting to navigate internet safety and cyberbullying.

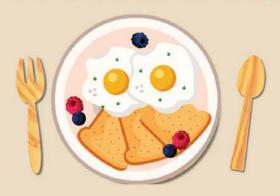
You will find a plethora of valuable information to help guide you as a parent to keep the internet a safe place for your young person. You'll find it all at https://www.esafety.gov.au/parents.



GOOLWA SECONDARY COLLEGE NOTICE BOARD...



GSC - BREAKFAST CLUB



EVERY MORNING FROM 8:30-8:45 A FREE BREAKFAST IS OFFERED TO HELP ENERGISE OUR STUDENTS FOR THEIR DAY AHEAD!

TOASTIES, MILO, PANCAKES, & SMOOTHIES ARE OFFERED ACROSS THE WEEK

SEE YOU THERE!

Dates To Remember

- Tuesday, 8th August Transition: Culture-Building Day
- Friday, 25th August Goolwa Secondary College Principal Tours 9:30AM
- Friday, 1st September Alternative Program Day: Course counselling and subject planning. Parent Teacher interviews
- · Friday, 8th September School Closure Day
- Friday, 22nd September Year 7 & 8 Immunisations
- Friday, 22nd September GSC Fundraiser: Quiz Night
- Friday, 29th September Last day of Term 3 (early dismissal)
- · Saturday 30th September GSC Fundraiser: Giant Garage Sale

Finance and School Payments

Goolwa Secondary College offers various payment options for payment of school fees, student device (Lenovo Laptop), device insurance, camps and excursions.

QkrApp

Direct bank transfer to the school's bank account

BSB: 065-511 Account: 10222764 ice number and surname as a reference

Direct Debit

Parents/caregivers are able to authorise our school to process ongoing payments to pay for school fees, invoices and other payments as agreed under a signed payment plan. These payment plans may be scheduled weekly, fortnightly, monthly or per term depending on the payment type and circumstance.

To arrange a Direct Debit, please download the form (located at Goolwa Secondary College website) and return it to the front office or email it to di.1915.finance@schools.sa.edu.au

Cash, EFTPOS, credit card (Visa or Mastercard)

The front office is open between 8:30-9:30am for payments via cash, EFTPOS, or credit card (Visa or Mastercard) in person or over the phone.





GOOLWA SECONDARY COLLEGE UNIFORM ITEMS

SHOP ONLINE AT DEVON CLOTHING FOR HOME OR COLLEGE DELIVERY.



RUGBY TOP \$79

WINDCHEATER \$50

SOFT SHELL JACKET \$60

WE ARE NUT AWARE



Please note GSC is 'NUT AWARE'. For the safety of staff and students, please **DO NOT** pack nuts or nut butter in lunch boxes!



Connect With Us

www.goolwasecondarycollege.sa.edu.au





Instagram

INNOVATION | COLLABORATION | EXCELLENCE