



## Student Absences

If your child will be absent from school for any reason, please let Student Services know.

You can call Student Services from 8:40am on (08) 7505 4027 and selecting 'Student Services'.



## Contact Us

(08) 7505 4027

dl.1915.info@schools.sa.edu.au

2-30 Glendale Grove,  
Goolwa, South Australia, 5214



Government of South Australia  
Department for Education

## FROM THE PRINCIPAL...

Welcome back to school and to the new semester!

I hope that you all enjoyed the little bit of sunshine we had scattered across the school holiday break and that you managed to stay warm on those very frosty mornings!

As always, it is great to see our students embrace their return to learning this week, with many students starting new subjects with new educators. Have you logged on to Frog yet this week? On this platform you will be able to see your child's new timetable, what they are learning in class, and what assessment tasks are assigned to them. I'm sure that your child can show you around the site if you are unsure.

This term is another exciting term for our College. Transition starts early in the term for our 2024 cohort of students. Our current Transition Student Leadership Team are busily planning these experiences for the year 6 students under the guidance of Paula King, our Middle School Assistant Principal.

We have course counselling for our current year 9 students and their families towards the middle of the term. This is an exciting and important time for our students as they move from middle to senior school and think strategically about their educational pathways. Keep your eyes out for more information about this closer to the date.

Parents of all our students will have another opportunity to meet face-to-face with subject teachers this term to discuss their child's progress in subject areas. The College will again use the SOBS booking platform to connect parents and teachers. Keep your eyes out for this important email in your Inbox.

NAPLAN results are in and will be distributed at the end of the week. Results are reported differently this year, so be sure to read the attached information sheet for parents and caregivers and do not hesitate to reach out to your child's Connect teacher should you have any questions.

There have been a number of changes to our staff team this term. Amanda Jackson, our Business Manager has accepted a 6-month position at Adelaide High School. Jo Colbeck will be backfilling Amanda. Many of you will know Jo as the Business Manager of Port Elliot Primary School. Jo joins the team from next week. Kasey Wendelborn has accepted a 2-day teaching offer from Flinders University for the first 8 weeks of this term. Whitney Mainwaring, a familiar face at our College, will be taking on Kasey's classes on these days. If this change is relevant to your child, you will have received an introductory email from Whitney. Keith Scott has joined the grounds team this term. Keith works with Adam on a Wednesday. Stacey Zadow joins our SSO support team this term. Stacey has a wealth of experience, supporting students from preschool through to senior secondary. Stacey works at the College on Thursdays.



*continued...*

This term we also welcome 3 pre-service teachers. Rachel Hamlyn, Katherine Wolff and Carson Gardiner are working with our teachers across a range of curriculum areas. We are – again – excited to be supporting our future teachers.

Finally, the Operation Flinders Team and the Governing Council are hosting some exciting events across the term. On Friday the 11th of August the Operation Flinders Team will host the Goolwa Youth Movie Night (see the article below), followed by a Quiz Night for parents and community members on Friday the 8th of September (check out the flyer on the last page and on our socials). Right at the very end of the term, our Governing Council is hosting a Giant Garage Sale on Saturday the 30th of September....so HOLD THE DATE...if you are a stall holder or just interested in grabbing a bargain. Information about how to get involved in this event was in the last newsletter (found on our website – on the community page, under news) and will be shared again on our socials shortly.

With so many opportunities to connect with our College this term, I look forward to seeing you soon!

Rebecca Moore  
Principal

## OPERATION FLINDERS FUNDRAISING EVENTS COMING UP!

Following the success of the Operation Flinders fundraiser BBQ last term, the Operation Flinders team are back and busier than ever in planning their next events. It's so easy to support these fundraisers - simply buy a ticket and participate any way you can - every dollar raised is a dollar closer to their goal!



GOOLWA YOUTH  
**MOVIE NIGHT**

**INSIDE OUT**

**Friday 11th August**

**ARRIVE AT 6:30 PM | MOVIE STARTS 6.45PM | FINISH AT 8:30 PM**

COME TO THE PERFORMING ARTS SPACE AT GOOLWA SECONDARY COLLEGE  
2-30 GLENDALE GROVE, GOOLWA

PLEASE BRING PILLOWS, BLANKETS, BEAN BAGS  
POPCORN (\$2) AND SOFT DRINKS (\$2) FOR SALE

**\$5 Tickets available on Eventbrite**

FUNDRAISING FOR THE GOOLWA SECONDARY COLLEGE  
OPERATION FLINDERS TEAM

The perfect movie for the young and the young at heart, **Inside Out** tells the incredible story of 11-year-old Riley.

*Growing up can be a bumpy road, and it's no exception for Riley, who is uprooted from her Midwest life when her father starts a new job in San Francisco.*

*Like all of us, Riley is guided by her Emotions: Joy; Fear; Anger; Disgust; and Sadness. The Emotions live in Headquarters, the control centre inside Riley's mind, where they help advise her through everyday life.*

*As Riley and her Emotions struggle to adjust to a new life, turmoil ensues in Headquarters. Although Joy, Riley's main and most important Emotion, tries to keep things positive, the Emotions conflict on how best to navigate a new city, house and school.*

Riley's Emotion characters are voiced by well-known actors: Amy Poehler, Bill Hader, Lewis Black, Mindy Kaling and Phyllis Smith - so you KNOW you're in for a hilarious night!

Please note some flashing light sequences or patterns may affect photosensitive viewers.

**The Goolwa Youth Movie Night will be held right here at school, in the Performing Arts space on Friday, 11th of August at 6:30pm. Purchase your tickets here at [Eventbrite](#).**

Coming  
Soon

**QUIZ NIGHT:** Friday, 8th September

**GIANT GARAGE SALE:** Saturday 30th September

**POPCORN STAND:** For students, every Friday during the first break.

\$1 Small, \$2 Large cup.

# CARTER'S CORNER

The Resilience Project – Issue #4

It has been great to see everyone return to school full of energy and excitement ready to get Term 3 underway.

The Resilience Project will continue to upskill our students' social and emotional development through the pillars of gratitude, empathy, and mindfulness whilst developing emotional literacy.

In the final part of The Resilience Project's parent series, Hugh shares an important message about allowing our children to experience adversity.

The key to building resilience in our children is allowing them to experience and work through the tough emotions involved with failure, hardship, disappointment and so on.

As parents, we can be too quick to resolve our children's challenges which can deprive our children of enormous growth opportunities. These typically happen when we experience failure and uncertainty. As parents, we should be there to support our children when they fail, but not fight their battles for them.

For further insight, watch Hugh's presentation [here](#).



## Breather Activities

All of us feel and experience emotions, both negative and positive, each and every day. Emotions are a normal part of our everyday lives and learning to recognise and manage these emotions is a vital skill that needs to be developed.

At times, these emotions can be overwhelming at school as well as at home. As a way of helping them regulate (manage their emotional state), five *Breather* activities have been designed to support them. These activities have been designed to help guide and upskill our students in self-managing their emotions.

A *Breather* will be an opportunity for a student to take a quick 2-3 minute break with the intention of calming and re-focusing in collaboration with the classroom teacher.



## Feeling stressed, anxious, overwhelmed?

It might be time to take a **BREATHER**

Try one of these calming tricks:



### BIG, DEEP BREATHS

Breathe in and fill your lungs - count to 4 - release slowly for 4 - continue for a minute



### WIGGLE YOUR TOES

Scrunch your toes moving them in your shoes OR try loosening and re-tying your shoelaces



### FEELING HOT?

Remove a layer of clothing and get some fresh air



### TAKE A WALK

Walk to the oval, grab some grass and feel it in your hand on your way back to class



### FEELING TIRED?

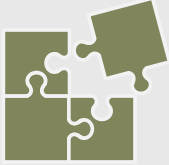
Splash your face with some water and have a drink

Make sure to check in with your teacher **BEFORE & AFTER** your **BREATHER**

**Andrew Carter**  
Assistant Principal  
Inclusion, Engagement & Wellbeing

# HOW PARENTS CAN SUPPORT MATHEMATICS LEARNING

In an earlier newsletter we explored how to encourage and support your adolescent to read, in this newsletter we draw upon the knowledge of renowned mathematic educator, Jo Boaler, who has outlined six key tips for parents in relation to supporting mathematics learning.



Play maths puzzles and games as a family. Award-winning mathematician, Sarah Flannery reported that her maths achievement and enthusiasm came not from school but from the puzzles she was given to solve at home. Puzzles and games – anything with dice really – will help build the joy of mathematics, and develop number sense, which is critically important.



Always be encouraging and never tell kids they are wrong when they are working on maths problems. Instead, find the logic in their thinking – there is always some logic to what they say. For example, if your child multiplies 3 by 4 and gets 7, say – Oh I see what you are thinking, you are using what you know about addition to add 3 and 4, when we multiply, we have 4 groups of 3...



Never associate mathematics success with speed. It is not important to work quickly, and we now know that forcing kids to work quickly on maths is the best way to start maths anxiety for children (and adults for that matter), especially girls. Automaticity of basic number facts is important though to assist in freeing up working memory for tricker thinking.



It is not helpful to share with your children the idea that you were bad at maths at school or you dislike it – especially if you are a mother. Researchers found that as soon as mothers shared that idea with their daughters, their daughter's achievement went down.



Encourage number sense. What separates high and low achievers is number sense – having an idea of the size of numbers and being able to separate and combine numbers flexibly. For example, when working out  $29 + 56$ , if you take one from the 56 and make it  $30 + 55$ , it is much easier to work out. The flexibility to work with numbers in this way is what is called number sense and it is very important.



Perhaps most important of all – encourage a “growth mindset” and let your children know that they have unlimited maths potential and that being good at maths is all about working hard. When children have a growth mindset, they do well with challenges and do better in school overall. When children have a fixed mindset and they encounter difficult work, they often conclude that they are not “a math person”.

One way in which parents encourage a fixed mindset is by telling their children they are “smart” when they do something well. That seems like a nice thing to do, but it sets children up for difficulties later, as when kids fail at something they will inevitably conclude that they aren't smart after all. Instead use growth praise such as “It is great that you have learned that”, and “I really like your thinking about that”. When they tell you something is hard for them, or they have made a mistake, tell them: “That's wonderful, your brain is growing!”.

**So, with the weekend ahead, why not dust off your board and dice games, and support your child's mathematical learning... without them even realising it!**

# AG ART INSTALLATION PROJECT: DONATIONS OF GOODS NEEDED!



SEEKING RUSTIC WARES FOR OUR  
**Agriculture Area  
Art Installations**

WE ARE CREATING ART INSTALLATIONS FOR OUR COLLEGE AG AREA AND WE NEED SOME HELP SOURCING MATERIALS FOR THIS SPECIAL PROJECT!

IF YOU HAVE ANY OF THE FOLLOWING ITEMS YOU'RE WILLING TO DONATE TO THE COLLEGE:

- SMALL RUSTIC GATE
- OLD RED BRICKS
- SLATE
- RUSTIC WOODEN POSTS

AS MUCH AS WE'D LOVE TO, WE CAN'T ACCEPT ALL OFFERED DONATED TREASURES, SO PLEASE EMAIL A PHOTO AND YOUR DETAILS TO [DL.1915.INFO@SCHOOLS.SA.EDU.AU](mailto:dl.1915.info@schools.sa.edu.au) AND WE'LL BE IN TOUCH!

Our Agriculture Studies classes have launched this term we're all super excited about what's to come!

Kasey and our Ag students are keen to make this space a fun and beautiful one for all to enjoy, starting with creating some art installations, with the help of Fleurieu artist and florist, Hope Deane.

TURN TRASH INTO TREASURE! Do you have some materials laying around your property that we could potentially use for our Ag grounds art projects? We're looking for donations of rustic materials and we'd be so grateful if you have something to offer!

If you have something from the list on the left to offer, or similar - **please email [dl.1915.info@schools.sa.edu.au](mailto:dl.1915.info@schools.sa.edu.au)** with a photo and your details, thank you!

## STUDENT REMINDER: ROAD SAFETY



Concerns have recently been raised by members of the public and our parent community about students' bike safety when riding to and from school. We love our students riding to school as it supports their independence and also provides a great source of physical activity throughout the school day.

We do expect, however, that our young people need to be safe and respectful of all other road and footpath users. We have been made aware that some students are not safely looking when crossing roads, not wearing helmets, using the wrong side of the road and not providing safe or respectful warnings to other community members.

As a College, we will be addressing this again through assemblies and our student bulletins, but ask that parents can have conversations about the importance of being safe on the road. Our local Police Station is also going to support by conducting random checks at the beginning and end of the school day.

Should you have any questions or queries please do not hesitate to get in contact with your child's Connect Teacher.



**Goolwa Secondary College**  
**Principal Tours**

TERM 3: Friday 25 August, 9:30 AM  
TERM 4: Tuesday 17 October, 5:30 PM

Please join us for a guided tour and to learn more about our school and experience our vibrant facilities. We can't wait to welcome you!

**BOOK NOW**

Book your ticket for upcoming Goolwa Secondary College Principal Tours at [Eventbrite](#).

# GOOLWA SECONDARY COLLEGE NOTICE BOARD...

**YOU ARE INVITED TO GOOLWA SECONDARY COLLEGE'S QUIZ NIGHT!**

**Friday September 8th**  
at Goolwa Secondary College  
2-30 Glendale Grove, Goolwa

Doors open at: 06:00pm  
Quiz starts at: 06:30pm

**\$10** per person / table of 10  
Bring your own drinks and food for the table!

Ticket Purchase from Eventbrite

Fundraising for GSC's First Operation Flinders Team

Goolwa Secondary College | OPERATION FLINDERS

## Finance and School Payments

Goolwa Secondary College offers various payment options for payment of school fees, student device (Lenovo Laptop), device insurance, camps and excursions.

**QkrApp**  
Click [here](#) for instructions.

**Direct bank transfer to the school's bank account**  
BSB: 065-511  
Account: 10222764  
Please use the invoice number and surname as a reference.

**Direct Debit**  
Parents/caregivers are able to authorise our school to process ongoing payments to pay for school fees, invoices and other payments as agreed under a signed payment plan. These payment plans may be scheduled weekly, fortnightly, monthly or per term depending on the payment type and circumstance.

To arrange a Direct Debit, please download the form (located at Goolwa Secondary College website) and return it to the front office or email it to [dj.1915.finance@schools.sa.edu.au](mailto:dj.1915.finance@schools.sa.edu.au)

**Cash, EFTPOS, credit card (Visa or Mastercard)**  
The front office is open between 8:30-9:30am for payments via cash, EFTPOS, or credit card (Visa or Mastercard) in person or over the phone.

Goolwa Secondary College

## GSC - BREAKFAST CLUB

EVERY MORNING FROM 8:30-8:45 A FREE BREAKFAST IS OFFERED TO HELP ENERGISE OUR STUDENTS FOR THEIR DAY AHEAD!

TOASTIES, MILO, PANCAKES, & SMOOTHIES ARE OFFERED ACROSS THE WEEK

**SEE YOU THERE!**

## GOOLWA SECONDARY COLLEGE UNIFORM ITEMS

SHOP ONLINE AT [DEVON CLOTHING FOR HOME OR COLLEGE DELIVERY.](#)

**RUGBY TOP**  
\$79

**WINDCHEATER**  
\$50

**SOFT SHELL JACKET**  
\$60

## WE ARE NUT AWARE

Please note GSC is 'NUT AWARE'. For the safety of staff and students, please **DO NOT** pack nuts or nut butter in lunch boxes!

## Dates To Remember

- Tuesday, 8th August - Transition: Culture-Building Day
- Friday, 25th August - Goolwa Secondary College Principal Tours 9:30AM
- Monday, 28th August - Transition: Innovation Day 1
- Friday, 1st September - Alternative Program Day: Course counselling and subject planning. Parent Teacher interviews
- Friday, 8th September - School Closure Day
- Friday, 8th September - GSC Fundraiser: Quiz Night
- Monday - Friday, 11-15th September - Year 7 & 8 Mylor Adventure Camp
- Friday, 22nd September - Year 7 & 8 Immunisations
- Friday, 29th September - Last day of Term 3 (early dismissal)
- Saturday 30th September - GSC Fundraiser: Giant Garage Sale

## Connect With Us

[www.goolwasecondarycollege.sa.edu.au](http://www.goolwasecondarycollege.sa.edu.au)

**Facebook**  
[@GoolwaSecondaryCollege](#)

**Instagram**  
[@goolwasecondarycollege](#)