

NEWSLETTER

ISSUE 2



Student Absences

If your child will be absent from school for any reason, please let Student Services know.

You can call Student Services from 8:40am on (08) 7505 4027 and selecting 'Student Services'.



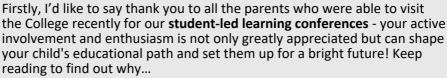
Contact Us

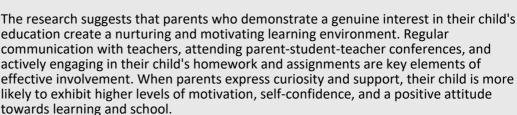
- (08) 7505 4027
- dl.1915.info@schools.sa.edu.au
- 2-30 Glendale Grove, Goolwa, South Australia, 5214



FROM THE PRINCIPAL...

It's hard to believe we are almost at the end of May! It's been a busy few weeks since our last newsletter publication.





The benefits of parental involvement extend beyond academic performance. Research indicates that engaged parents contribute to better attendance rates, improved behaviour in classrooms, and enhanced social skills. Furthermore, parent involvement fosters a stronger bond between parent and child, nurturing emotional well-being and overall development.

If you didn't make it to the College for a conference – it's not too late! Reach out to your child's Connect teacher either through their email or by calling the College and we can arrange a time that suits everyone.

It's been wonderful to see our students out and about in the local community this term and connecting with Goolwa locals who offer a range of knowledge and skills. You'll see later in this newsletter, a Studio Spotlight, showcasing a collaboration between the College and the Armfield Slip volunteers – inspirational! We really appreciate and value the contribution of Garry, John, Phillip and Andrew. We look forward to sharing further Studio Spotlights in future newsletters.

Next week, a number of our students will be representing the College within the Victor Harbor community at the **Fleurieu Youth Summit**. The Summit promises to be an enlightening and inspirational day. It will feature esteemed guest speakers who will share their expertise and insights on climate change. The day aims to inspire and inform young individuals, encouraging them to take action on climate change within our local community.

continued..

During the afternoon workshop, there will be engaging brainstorming sessions where participants will have the opportunity to share ideas and collaborate on ways to make a positive impact on the environment. This interactive session aims to empower our youth to create meaningful change and become leaders in tackling climate change. We can't wait to see what thoughts and commitments our students bring back to the College.

In and around the College, our finance and facilities team have been busy planning for further grounds and **infrastructure development** in technology (expanding our curriculum offerings to include metal fabrication), agriculture (to support a developing middle to senior school agriculture program) and PE (additional shedding). We are still at the early stages of receiving quotes but we look forward to work commencing over the remainder of 2023 and into 2024 and are even more excited about what this means for our students as they move from middle to senior school.

There is always so much happening at the College. We encourage you to stay connected through Frog, Facebook and Instagram.

Rebecca Moore Principal

ALCOHOL & OTHER DRUG EDUCATION: TALK ABOUT IT SUPPORT FOR PARENTS

We are all about empowering our young people...so we jumped at the chance to work with Encounter Youth on their Empower Education – alcohol and other drug education program.

Over the last two weeks, our young people have participated in workshops aimed to alert, inform and empower young people to 'look after themselves and their mates' and in doing so, reduce and prevent alcohol and other drug-related harm.

Education starts at home and as such, we – together with the Alexandrina Council and Alcohol and Drug Foundation – held a community information evening here in Goolwa, which saw us invite local parents and community members to attend and learn more about how to be a positive influence on our young people when talking about alcohol and other drugs.

Research shows parents and carers have a huge impact on a young person's drinking behaviour. So, it's important that when you tackle the topic of alcohol and other drugs, you get it right.

Talk About It is a new guide from the Alcohol and Drug Foundation that arms parents and carers with all the info you need to start the conversation.

Find out more: https://adf.org.au/talking-about-drugs/parenting-talk/



LAST CALL! ALCOHOL & OTHER DRUG EDUCATION ONLINE SESSION

Free ONLINE Parent and Community Alcohol & Other Drug Education session on Wednesday 31 May, 6-7:30pm.

If you parent or work with young people, it's important to have open conversations with them about alcohol and other drugs. These talks can make a huge difference in helping young people make informed choices and avoid harm.

Join Encounter Youth for a relaxed and interactive session tailored for parents and community members – hear about how to talk to your child about drugs and alcohol, host parties and legal considerations, and positively influence young people's choices.

Book Your Free Tickets Here



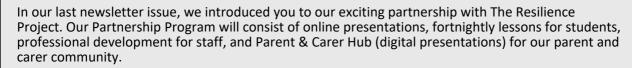
A session equipping parents and caregivers with the tools and confidence to support young people in our community.

BOOK NOW

FREE ONLINE COMMUNITY SESSION Wednesday 31st of May, 2023 6PM - 7:30PM

CARTER'S CORNER

The Resilience Project – Issue #2



Through these presentations, you will hear stories and be introduced to helpful activities to show how these strategies can support our kids' learning and development, and also support you as parents and carers.

Part 1 is an introduction to Hugh & information about The Resilience Project. The below link is the first of our series of digital presentations by The Resilience Project. Click on this link to discover the <u>Parent & Carer Hub</u>.

In Part 2 we dive into the first of the key pillars of resilience: Gratitude, Empathy & Mindfulness.

Gratitude is paying attention to the things that we have right now, and not worrying about what we do not have. We practice this by noticing the positives that exist around us.

Research shows that practising gratitude rewires our brains to overcome negativity bias (which can lead to anxiety and depression) and see the world for what we are thankful for. It is also shown to broaden thinking and increase physical health through improved sleep and attitude to exercise.

Click the link here to access the digital presentation on **Gratitude**.

Andrew Carter
Assistant Principal
Inclusion, Engagement & Wellbeing



SPORTS DAY: HOUSE CAPTAINS REPORT

Goolwa Secondary College's Sports Day is a day where everyone comes together to participate in a variety of sports. Goolwa Secondary College has two cups, the House Cup which is the cup for the winning team and the Spirit Cup which is the shield for the team that showed the most sportsmanship, positivity and encouragement throughout the day.

Last year Kondoli won the House Cup and No:ri won the Spirit Cup. As a school, we did three lead-in events which were the 3k, 400m, and 200m. The points from these events all contributed to the overall score on the day.

The 2023 Goolwa Secondary College Sports Day went extremely well. There was a total of nine events that the students participated in on the day, they were discus, shotput, javelin, high jump, long jump, novelties, e-sports, sprints and relays. Many parents came to support the day by watching and getting involved. The Lions Club kindly donated sausages and cooked the students a sausage sizzle lunch.

The day radiated a positive attitude. With the competition at hand, everyone was enthusiastic and encouraging. There was a selection of upbeat music chosen by the students, that had created various groups of dancers. In conclusion, No:ri was the successful winner of the day, receiving the most points. Kondoli was the most supportive with the best attitude, which lead them to win the Spirit Cup, closely followed by Ngunundi's great efforts on both achievements. We are looking forward to seeing what next year has in store for us.

Written by GSC House Captains





























TIPS FOR PARENTS: HOW TO SUPPORT ADOLESCENTS TO LOVE READING



As parents, we know how to inspire a love of reading in our children when they are babies and toddlers, even primary school-aged, but how do we support our adolescents to love reading?

Adolescents are at a critical stage of their reading development. They are navigating complex texts, and developing critical thinking skills, and as they progress through middle school into senior secondary, they begin preparing for further education and a career.

Here are some tips for you to support your young person's reading.

GIVE YOUR ADOLESCENT A CHOICE

Science fiction or fantasy might not be your cup of tea, but your young person might be drawn to these books - the best way to encourage an adolescent to read is to allow reading to be engaging.

Try not to discourage their preferences. Reading is reading. Be mindful of their reading choices to avoid anything inappropriate, but try to limit censorship as much as possible.

Even better, be interested in their text preferences, and refrain from criticising their choice.

BE A ROLE MODEL

Create a culture of reading inside your home. The more your young person sees you reading, the more likely they are to do the same. Talk about what you are reading and why you are reading. Create a reading nook or comfy reading chair in your home and use it – good for you as well as your young person. Visit bookshops and libraries and take your young person with you!

TALK ABOUT WHAT THEY'RE READING

In meaningful ways, talk about what your young person is reading. Ask questions about the book, the author, and the genre. Encourage a healthy debate about the themes or messages in a book, magazine or online forum. Creating an environment of critical thinking and deep discussion will not only promote reading but will also develop other important skills and dispositions such as increased vocabulary, holistic perspectives and empathy.

LOOK FOR A COMPELLING BOOK SERIES

We have an amazing librarian at the College, Kathy who will skillfully and enthusiastically support students and parents to find compelling reading material – including the secret reading weapon – series! Readers who are hooked on the first book in a series can follow the same characters or themes through more than one book.

The familiarity of a series can make book reading less daunting and easier to understand. If you find a series with the right characters or themes, a reluctant reader will be far more likely to pick up the next book in the series.

READING WITH OTHER PASSIONS

When high school rolls around, a struggling reader may have already lost their motivation to work on their reading skills. But don't lose hope - there are things you can do! Again, reach out to Kathy who can support you in a search for ways to connect reading to your young person's passions and interests.

MAKE SOCIAL MEDIA WORK FOR YOU

There's really no way to separate social media from adolescents! So...use it to their advantage - encourage your young person to start following blogs, e-books, or e-magazines. Online resources that are aligned to their career goals, or interests outside school could also encourage reading.

Happy reading!

If you'd like further support, **Kathy Smith**, our **Goolwa Secondary College librarian**, would love to help you. You can email Kathy at Kathy.Smith942@schools.sa.edu.au

Alexandrina Libraries - YOUR local library

https://onecard.network/client/en_AU/alexandrina/#footer-our-branches

Premiers Reading Challenge – check out the parents and families page https://premiersreadingchallenge.sa.edu.au/

SCHOOL PHOTO DAY IS COMING!



Get ready to say cheese, our school photo day will be on Thursday 22nd of June, 2023.

We are proud that Australia's leading school photographer, *MSP Photography* will be taking our school photos this year.

Parents can send the money to the school in the self-sealed envelope supplied, however **online ordering**, where parents are now able to select their preferred package online makes it much easier for many families.

Placing your child's photography order online is the safest and easiest way to order school photos. Just enter the shootkey printed on your child's envelope and make your selection! If you wish to have a sibling photo taken, do the same with the shootkey printed on that envelope. Sibling photo request envelopes will be available from the Front Office.

The range of options available to you online has increased. As well as the option to download a **low-resolution** image for a smartphone, parents will now have the option to purchase **high-resolution digital downloads** of their children too.

An added incentive for our College families is that MSP Photography now offers a **10% discount for all orders above \$90 a family**. To receive this discount online, your orders must be placed in **one** transaction. If you are paying with cash on the day, please total your order amount, then apply your discount and place the correct money in the self-seal envelope.

Your child will be sent home with an MSP Photography order envelope in the next couple of weeks, please keep your eye out for it. If your child is absent from school on Thursday 22nd of June, please don't think they'll miss out completely - there will be a *school photo catch-up* day to follow (date to be advised)!

STUDIO SPOTLIGHT: ARMFIELD SLIP & BOATSHED

Wooden boats have piqued the interest of College students and we can report that the Armfield Slip and Boats Studio is an absolute hit!

Students are thoroughly enjoying learning how to make model paddle boats and cleats using a range of traditional boatbuilding hand skills with the support of Armfield Slip team members Garry, John, Phillip and Andrew.

This hands-on Studio sees students safely using hand tools and machinery under the watchful eye of Design and Technology teacher, Brett Klaebe, as well as the experienced Armfield volunteers.

Part of the Studio involved an excursion to the Armfield Slip where the students were treated to learning first-hand about the history of Armfield boats, seeing the workmanship of the talented Studio volunteers up close and topped off with an extensive tour of the Armfield workshop.

Stay tuned for the finished results of this Studio - we're looking forward to viewing the most amazing pint-sized wooden boat marina!







QKR! APP: DID YOU KNOW?

Qkr! app - it's the quickest way to pay! Did you know ALL of the things you can purchase or pay for using the Qkr! app?

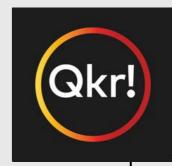
Qkr! helps make school-related payments a cinch. There's no need for busy parents to find the extra time to come into the College to pay for items, you can make payments from wherever you are, via your smartphone.

Many families will be familiar with ordering students' lunches using the Qkr! app. You can find the whole menu available on the app (including drinks, snacks and specials) – just remember to get your order in by 8:45AM to be delivered to Student Services that day. For added convenience, you can order lunches up to a week in advance - a surefire way to ensure you don't miss Taco Tuesday!

College payments can also be paid through the Qkr! App. Scroll through the payments and you'll see you can pay for student devices and accessories (AC adapters, stylus, laptop keys etc), Material & Services fees and even class excursions - they can all be paid via the app. Simply select the item and then 'add to cart' and continue through the checkout process. It's that easy!

Available for both Apple and Android Smartphones, download the Qkr! app today.





GSC - BREAKFAST CLUB



EVERY MORNING FROM 8:30-8:45 A FREE BREAKFAST IS OFFERED TO HELP ENERGISE OUR STUDENTS FOR THEIR DAY AHEAD!

TOASTIES, MILO, PANCAKES, & SMOOTHIES ARE OFFERED ACROSS THE WEEK

SEE YOU THERE!

GOOLWA SECONDARY COLLEGE UNIFORM ITEMS SHOP IN TIME FOR WINTER DELIVERY! WE ARE NUT AWARE Please note GSC is 'NUT AWARE'. For the safety of staff and students, please DO NOT pack nuts or nut butter in lunch boxes!

Dates To Remember

- ➡ Monday, 1st May First day of Term 2
- Tuesday, 9th May Alcohol & Other Drug Education Teacher Session
- Monday, 15th May Alcohol & Other Drug Education Parent Session
- Monday, 22nd May Goolwa Secondary College Principal Tours 2PM
- ➡ Wednesday, 24th May Student Free Day
- Monday, 12th June Public Holiday
- Tuesday, 13th June Student Free Day
- Thursday, 22nd June School Photo Day
- Friday, 7th July Last day of Term 3 (early dismissal)

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